



GEAR WEST



CORN DAYS 5K

Sunday, August 13th 2017

Register gearwest.com/localevents

Corn Days 5K - 9:00 a.m.

Rolling tree-lined course ... Dogs on leashes welcome
Start and Finish at Hackberry Park on Willow Drive

Candy Corn Fun Run 1 Mile - 10:00 a.m.

Burn a few calories before the pancake breakfast

Start and finish at Hackberry Park on Willow Drive

POST RACE ACTIVITIES (Fun and food all morning!)

Watermelon at race finish!

Pancake Breakfast - Bring race number for \$1.00 discount

Corn feed! - All day

Parade! - Noon

Questions? Call Gear West Ski & Run (952) 473-0377



Call to schedule a
Complimentary Consultation
and a FREE Kinesio Taping Session
952-476-2260 1850 W. Wayzata Blvd, Long Lake

GEAR WEST

Bring your race number to
Gear West Adrenaline or Gear West Ski & Run

\$5 OFF

any purchase of \$25 or more.
(non-sale items only)

952-473-0377 1786 W. Wayzata Blvd, Long Lake

Corn Days 5K Entry Form

Mail To: Gear West 1786 West Wayzata Blvd. Suite #B Long Lake, MN 55356

Name: _____ Address: _____

City: _____ Zip Code: _____ Age: _____ M F

Phone: _____ Email: _____

Corn Days 5K with t-shirt \$20
To be assured a t-shirt register by Aug 1st

Corn Days 5K No t-shirt \$10

Corn Days 5K Team 3-6 runners \$50
Enter team names to the right
t-shirts to all team members

Candy Corn 1 Mile \$5

Team Lead _____
#2 _____
#3 _____
#4 _____
#5 _____
#6 _____

Signature: _____

Parent or Guardian Signature (if under 18): _____

Waiver: I assume all risks, known and unknown, associated with participating in this event, and release Gear West Ski & Run, Inc. and all sponsors or workers associated with this race. This release and waiver extends to all cases of every kind or nature, in addition, includes but not limited to the cities of Orono and Long Lake. Applicant participation will only be accepted with a signature. If participant is under 18 years of age, a parent or guardian signature is required.